





# Training Pack for Youth Workers - ACTIVITIES





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## Module: *Youth-Led Participatory Action*

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## ACTIVITY 1 – *Youth-Led Participatory Action* *Overview*



### OVERVIEW

This activity aims to provide participants with a comprehensive understanding of Youth-Led Participatory Action (YPA). It explores the historical roots, core principles, practical applications, and the role of stakeholders in fostering youth engagement.

Youth-Led Participatory Action is a dynamic approach empowering young individuals to be leaders, advocates, and change agents in their communities. This activity delves into the philosophy and practice of YPA, emphasizing its transformative impact on youth and community engagement.

### LEARNING OBJECTIVES

- Understand the historical evolution and principles of YPA.
- Recognize the practical applications of YPA through real-world examples.

Estimated Duration: Approximately 30 minutes.

### INSTRUCTIONS

Begin by reviewing the provided content on Youth-Led Participatory Action module, reflect on the historical roots and core principles highlighted in the exploration by providing at least 1 practical examples to understand the application of YPA principles.

### MATERIALS NEEDED

- Access to the provided content on Youth-Led Participatory Action.
- Note-taking materials for reflection.





## ACTIVITY 2 – *Exploring european youth empowerment initiatives*



### OVERVIEW

This activity aims to explore key European policies and initiatives dedicated to empowering young citizens. Participants will delve into the EU's commitment to youth growth and development, understanding how these policies serve as pathways to growth, connections to the wider world, and voices advocating for change.

### LEARNING OBJECTIVES

- Gain insights into prominent European policies fostering youth empowerment.
- Understand the specific initiatives derived from these policies and their impact on young people.
- Explore the role of youth in implementing and benefiting from these initiatives.
- Reflect on the broader implications of these policies on youth engagement and societal development.

Estimated Duration: Approximately 45 minutes.

### INSTRUCTIONS

Provide an overview of the European Union's commitment to youth growth and development and discuss at least 2 key European policies, (eg. EU Youth Strategy, European Social Fund (ESF), European Solidarity Corps, Creative Europe, and Digital Europe Program). Encourage participants to discuss and analyze the role of youth in driving positive change through these programs and actively participate in discussions to enhance understanding. Encourage open dialogue on the perceived impact and effectiveness of each initiative.

### MATERIALS NEEDED

- Presentation materials on European youth empowerment policies and initiatives.
- Visual aids illustrating key initiatives and their goals.
- Note-taking materials for participants.





## ACTIVITY 3 – *Stakeholder Collaboration Workshop*



### OVERVIEW

This workshop is designed to explore the collaborative role of stakeholders in Youth-Led Participatory Action (YPA) initiatives. Understanding the intricate web of stakeholders is crucial for the success of YPA. This workshop delves into the collaborative force that propels YPA initiatives forward.

### LEARNING OBJECTIVES

- Identify key stakeholders in YPA initiatives.
- Understand the distinct roles and contributions of each stakeholder group.
- Explore the collaborative dynamics among stakeholders in fostering youth engagement.

Estimated Duration: Approximately 60 minutes.

### INSTRUCTIONS

Review the content on stakeholder collaboration in YPA and explore the distinct roles and contributions of each stakeholder group. Discuss collaborative dynamics and share insights with fellow participants and consider how effective stakeholder collaboration empowers young people in YPA.

### MATERIALS NEEDED

- Whiteboard or flip chart for collaborative brainstorming.
- Note-taking materials for participant reflections.



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## Partners:



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