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# youthIES

## TRAINING PACK FOR YOUTH WORKERS - CASE STUDIES



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# Training Pack for Youth Workers –



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## CASE STUDIES

## WORK OF YOUTH WORKERS

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## CASE STUDY 1 – *"Nature And Social Permaculture Learning for Youth (NASPLY)"*



### GENERAL FRAMEWORK/ PROBLEM STATEMENT

NASPLY focuses on building resilient communities and especially on youth with fewer opportunities. In many cases, social exclusion and marginalisation are intersectional where cohorts of young people would experience heightened discrimination or lack of opportunities due to their gender, ethnicity, disabilities, intellectual ability or due to their socio-economic background. Such people feel less catered for in formal education systems, which could lead to young people being disengaged and disinterested in education. In Malta the number of early school leavers is amongst the highest in Europe.

### ACTIVITIES

The project NASPLY is a cooperation partnership that aims to tackle the environmental and climate crisis, increase social inclusion, increase life-skills of marginalised youth and improve wellbeing through the holistic permaculture approach that focuses on building resilience in communities, answering to the needs of young people. They use Social and Nature Permaculture as a theory for learning. Social permaculture focuses on the principles of permaculture design, extrapolated onto a societal level i.e. it looks at creating resilient communities where people understand their worth in society, what their role is in proving this, how they can learn from nature to have a strong social ecosystem. This project tackles environmental, social integration, digital skills, and financial planning and green entrepreneurship and most importantly solidarity and care for others, all in one comprehensive project.

### IMPACT

The project aims

at developing a training course on social





youth workers and educators, as well as creating a toolkit for youth workers and youth to build social permaculture networks and nature-therapy permaculture



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gardens as inclusive, wellbeing spaces that bring the community together. NASPLY works on increasing competencies and skills amongst disadvantaged youths through participation in the Permaculture Programme, and on understanding of the economy and development of green entrepreneurship skills in young people.

## PHOTOS





## CASE STUDY 2 – *“Youth Engagement & Activism Hub (YEAH!)”*



### GENERAL FRAMEWORK/ PROBLEM STATEMENT

The aim of the project is to provide a platform for more inclusive democratic and civic youth engagement in decision-making by creating a structure to engage marginalised youth in intersectional cooperation for development of joint actions towards a socially just and ecologically fair future.

Through this project FoEM has been setting up a Youth Hub in conjunction with project partners Generation (Change)?. The Youth Hub is a non-formal educational place within a formal education set-up. It offers a recreational environment through which the youth worker can work with young people so that they can come up with projects and initiatives that enhance their potential. The youth hub also engages in various community activities to ensure as much contact as possible with the young people and the community.

### ACTIVITIES

A Youth Hub can be viewed as a microcosm of society. The young people involved created their own agenda, a democratic structure, shape the space to be inclusive, tackle injustices, intersectional issues within the group and is in itself an experiment in radical democracy. Creating a youth hub, a space where young people meet and engage, can also serve as an incubator for developing visions for a positive future without current societal boundaries, oppressions and limitations, and create a vision for the future that transcends them.





## IMPACT

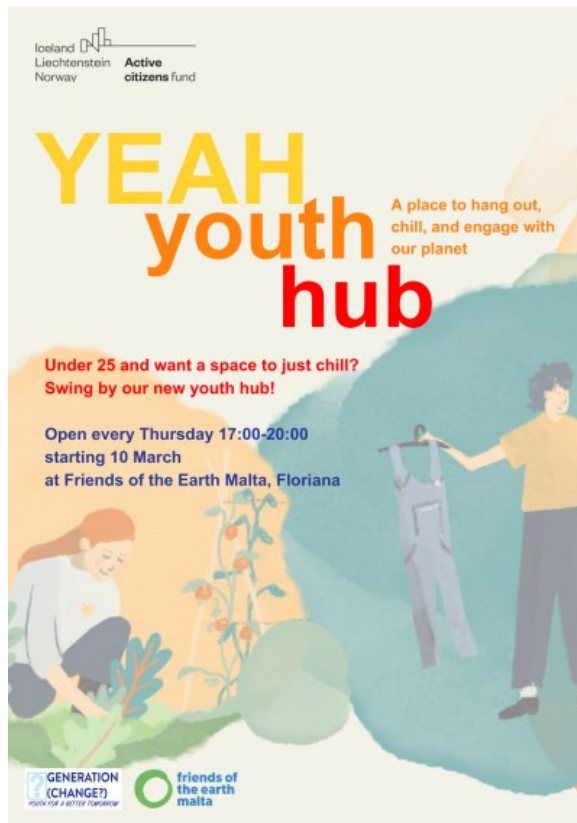


After conducting a feasibility study, the partners found that the youth centre would function as a regional facility for youth cultural development and provide appropriate educational and recreational facilities for all the community, especially young people.

The Youth Hub offers support and alternative leisure spaces, where young people between 16 and 25 years can spend their free time interacting with peers in a safe environment, exploring their talents and developing personal, political and social skills. The Youth Hub has been running once a week for more than one year, with a group of around 15-20 youths, and it has been constantly expanding.

## PHOTOS





### CASE STUDY 3 – “Be Active: Be Sustainable Malta”

#### GENERAL FRAMEWORK/ PROBLEM STATEMENT

This project aims at fostering civic participation of young people under 25 years old in Malta. A widespread perception of lack of engagement of young people in the environmental community led to the creation of this hands-on project, which focused on organising practical activities where the youths could learn about different environmental topics, while becoming more active.

#### ACTIVITIES





Young people under 25 were invited to join a set of activities “from the seascape of the Maltese coast and the silent hidden world of flying mammals, to the homely



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habits and the buzzing of bees as we explore the diversity of approaches to protect our planet.” FoEM hosted six sessions for young people to engage in a variety of environmental issues specific to Malta and the wider world. Young people in Malta were invited to keep an eye out and sign up to the sessions that interest them to learn how they can support interventions to make a change to safeguard our planet.

## IMPACT

Different groups of youths took part in six activities where they learned about relevant environmental topics, and also engaged in the environmental community of Malta. Some of them joined other environmental initiatives afterwards, improving the civic participation of young people in the island in the topic of environmental sustainability.

## PHOTOS











## REFERENCES



*"Nature And Social Permaculture Learning for Youth (NASPLY)"*

<https://foemalta.org/projects/nasply-2/>

*"Youth Engagement & Activism Hub (YEAH!)"*

<https://foemalta.org/previousprojects/yeah/>

*"Be Active: Be Sustainable Malta"*

<https://foemalta.org/projects/be-active/>





**Partners:**



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